



DEPARTMENT OF THE NAVY  
COMMANDER  
NAVY REGION MID-ATLANTIC  
1510 GILBERT ST  
NORFOLK, VA 23511-2737

IN REPLY REFER TO:

COMNAVREGMIDLANTINST 1020.1G CH-1  
N008  
DEC 23 2019

COMNAVREG MIDLANT INSTRUCTION 1020.1G CHANGE TRANSMITTAL 1

From: Commander, Navy Region Mid-Atlantic

Subj: UNIFORM POLICY AND REGULATIONS

Ref: (a) U. S. Navy uniform Regulations, NAVPERS 166651

1. Purpose. This change issues guidance for wear of the black neck gaiter ashore authorized by NAVADMIN 282/19 and to change the temperature requirement for Navy Knit Watch Cap wear.

2. Action.

a. Change paragraph g of enclosure (3) to read "The Navy Knit Watch Cap will not be worn without the jacket/parka. The temperature must be below 50 degrees Fahrenheit for wear of the Navy Knit Watch Cap to be authorized. Naval Security Force personnel are authorized to wear the Navy Knit Watch Cap with the black fleece liner when wearing the Tactical Outer Carrier. Refer to reference (a) for additional information.

b. Insert paragraph q to enclosure (3).

3. Black Neck Gaiter. The Black Neck Gaiter is authorized for wear ashore on installations. It will only be worn when temperatures are below 50 degrees Fahrenheit. It must be without decoration or logo visible while wearing. It will not be worn when passing through any security checkpoint or entry control point. It will not be worn while commuting. In instances where a long pedestrian commute is necessary such as shipyards where the parking lot is distant from the entry control point, the installation Commanding Officer may authorize the Black Neck Gaiter to be worn to and from the parking lot. For units in private shipyards, the ship's Commanding Officer may authorize the wear. No stops in public businesses are authorized during this commute. For sentries, either the balaclava or the Black Neck Gaiter may be worn, not both.

M. R. MOORE  
Captain, U.S. Navy  
Chief of Staff

Releasability and distribution: This instruction is cleared for public release and is available electronically only via CNIC G2 Portal/Organization/Mid-Atlantic Website, <https://g2.cnic.navy.mil/CNRMA/Pages/Default.aspx>



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**MAR 25 2019**

COMNAVREG MIDLANT INSTRUCTION 1020.1G

From: Commander, Navy Region Mid-Atlantic

Subj: UNIFORM POLICY AND REGULATIONS

Ref: (a) U.S. Navy Uniform Regulations, NAVPERS 15665I  
(b) OPNAVINST 5100.12J  
(c) SECNAV M-5210.1 of Jan 2012  
(d) OPNAVINST 5215.17A

Encl: (1) Seasonal Chart – Basic Navy Uniforms  
(2) Summer/Winter Uniform Shift Dates for Region States  
(3) Guidance for Military Attire  
(4) Guidance for Civilian Attire  
(5) Guidance for Commuting in Uniform

1. Purpose. To prescribe Navy uniforms and promulgate uniform policy and regulations for Navy personnel ashore in the Commander, Navy Region Mid-Atlantic (COMNAVREG MIDLANT) Area of Responsibility (AOR), according to references (a) and (b). This instruction is a general regulation. Violation of this instruction may result in disciplinary action under the UCMJ or other adverse disciplinary or administrative action.

2. Cancellation. COMNAVREGMIDLANTINST 1020.1F.

3. Background. Reference (a) is the basic directive governing the wearing of uniforms and civilian attire by Navy personnel. COMNAVREG MIDLANT is responsible for prescribing uniforms for the season, day, or special occasions, which provide the greatest uniformity of appearance. As Regional Area Coordinator, COMNAVREG MIDLANT is assigned responsibility for controlling uniforms and the appearance of Navy personnel ashore within the states of Connecticut; Delaware; Indiana; Illinois; Kentucky; Maine; Maryland (less the Maryland Area assigned to Commandant, Naval District (COMNAVDIST), Washington, DC); Massachusetts; Michigan; New Hampshire; New Jersey; New York; North Carolina; Ohio; Pennsylvania; Rhode Island; Vermont; Virginia (less the Northern Virginia Area assigned to COMNAVDIST, Washington, DC); West Virginia; and Wisconsin.

MAR 25 2019

#### 4. Information

a. Enclosure (1) provides a seasonal chart of Navy uniforms for summer and winter within the COMNAVREG MIDLANT AOR.

b. Enclosure (2) provides dates for seasonal uniform shifts for zones within the COMNAVREG MIDLANT AOR.

c. Enclosures (3) and (4) provide guidance in defining the proper wearing of military uniform and civilian attire for military personnel within the COMNAVREG MIDLANT AOR.

d. Enclosure (5) provides guidance for wear of working uniforms while commuting to and from work.

e. The senior naval officer assigned to a joint command within the AOR may prescribe the appropriate uniform for attached naval personnel using Table 6-6-1 (Table of Service Equivalent Uniforms) of reference (a).

f. Head gear, outerwear, footwear, and uniforms accessories in enclosure (1) shall be worn as prescribed in reference (a).

5. General Regulations. As described in reference (a) and this directive, military personnel within the COMNAVREG MIDLANT AOR shall be in an authorized uniform or appropriate civilian attire and be neatly groomed. Retirees and dependents, when on board a military installation, shall present a socially acceptable appearance.

6. Action. Commanders, Commanding Officers (CO), and Officers-In-Charge (OIC) shall ensure compliance with uniform regulations and grooming standards as set forth in reference (a) and this directive. Pride in appearance is the mark of a responsible military member and a prime indicator of morale and discipline in a command.


7. Reference (a), in its entirety, may be found at:

<http://www.public.navy.mil/bupers-npc/support/uniforms/uniformregulations/Pages/default.aspx>

8. Records Management. Records created as a result of this directive, regardless of media and format, shall be managed according to reference (c).

**MAR 25 2019**

9. Review and Effective Date. Following reference (d), COMNAVREG MIDLANT will review this instruction annually on the anniversary of its effective date to ensure applicability, currency, and consistency with Federal, DoD, SECNAV, and Navy policy and statutory authority using OPNAV 5215/40 review of instruction. This instruction will automatically expire 5 years after effective date unless reissued or canceled prior to the 5-year anniversary date, or an extension has been granted.



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MAR 25 2019

SEASONAL CHART – BASIC NAVY UNIFORMSDEFINITIONS

- P = Prescribed Uniform** - Prescribed for purposes of uniformity.
- A = Alternate Uniform** - Authorized in lieu of the prescribed uniform.
- O = Optional Uniform** - A uniform that is authorized but cannot be prescribed because it is not required by all personnel.
- X = Working Uniform** - Prescribed by competent authority for personnel engaged in work in administrative or non-administrative activity.

AUTHORIZED UNIFORMSUNIFORM OF THE DAY

<u>Officers and CPOs</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Service Dress Blue	A	P	
Service Dress White	P		
Summer White	A		
Service Khaki	A	A	1/10

<u>Enlisted E-1 – E-6</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Service Dress Blue	A	P	
Service Dress White	P		
Service Uniform (SU)	A	A	7

WORKING UNIFORMS

<u>Officers and CPOs</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Coveralls/IFRV	O	O	2
Navy Working Uniform (NWU)	X	X	8
Flight Suits	X	X	11

<u>Enlisted E-1 – E-6</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Coveralls/IFRV	O	O	2
Navy Working Uniform (NWU)	X	X	8
Flight Suits	X	X	11

MAR 25 2019

EVENING OFFICIAL (PROTOCOL) AND SOCIAL OCCASIONSMale and Female Officers  
(O-4 and senior)

	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Formal Dress (white tie) (male only)	P/O	P/O	3
Dinner Dress Blue Jacket		P	
Dinner Dress White Jacket	P		

Male and Female Officers  
(O-3 and junior)

	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Formal Dress (white tie)	O		3
Dinner Dress Blue Jacket		O	4
Dinner Dress White Jacket	O		4
Dinner Dress Blue		P	4
Dinner Dress White	P		4

Male and Female Enlisted

	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Dinner Dress Blue Jacket		O	4
Dinner Dress White Jacket	O		4

Male and Female Enlisted

	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Dinner Dress Blue		P	5
Dinner Dress White	P		5

FORMAL MILITARY CEREMONIESOfficers and CPOsParticipants

	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Full Dress Blue		P	6/9
Full Dress White	P		6/9

Non-Participants/Guests

	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
Service Dress Blue		P	6
Service Dress White	P		6
Summer White	A		

Enclosure (1)

<u>Enlisted E-1 – E-6</u>	<u>Summer</u>	<u>Winter</u>	<u>Notes</u>
<u>Participants</u>			
Full Dress Blue		P	6
Full Dress White	P		6
<u>Non-Participants/Guests</u>			
Service Dress Blue		P	6
Service Dress White	P		6

**NOTES**

1. Worn in summer/winter for office work, watchstanding, liberty, or business ashore when prescribed as uniform of the day.
2. The Navy blue coverall is discontinued as a Navy uniform and re-designated as a dirty work component. Refer to NAVADMIN 208/15 for additional information.
3. Required for captains, flag officers, and other officers assigned to duty where required by protocol; otherwise, optional for all officers.
4. Dinner Dress Blue/White Jacket not required for Lieutenant and junior (including enlisted), but may be purchased by all hands and worn at the individual's option. Dinner Dress Blue/White may be required in lieu of Formal and Dinner Dress Jacket Uniforms.
5. Jumper-style uniforms may be worn with miniature or large medals to form Dinner Dress Blue/White or Full Dress Blue/White.
6. Additional uniform items that are authorized for female Officers/CPO/E-1 – E-6: Slacks belted and unbelted.
7. The Service Uniform (SU) is intended for year-round wear. The SU is authorized to be worn for office work, watchstanding, liberty, or business ashore when prescribed as the uniform of the day.
8. The Navy Working Uniform (NWU) is intended for year-round wear, and shall be the standard working uniform ashore. The NWU is designed to accommodate male and female Sailors and to fulfill multi-functional/geographical uniform requirements at sea and ashore. It is also designed to minimize the requirement for various cold-weather gear, and to accommodate the Personnel Armor System for Ground Troops (PASGT). Appropriate authority may prescribe PASGT items for wear with the NWU. The term "appropriate authority" refers to Commanders, COs, and OICs. See enclosure (5) for additional manner of wearing guidance.

**MAR 25 2019**

9. Refer to reference (a) for CPOs cutlass design and approved wear.  
<http://www.public.navy.mil/bupers-npc/support/uniforms/uniformregulations/Pages/default.aspx>
10. Refer to reference (a) for khaki overblouse for female officers and CPOs for authorized wear.  
<http://www.public.navy.mil/bupers-npc/support/uniforms/uniformregulations/Pages/default.aspx>
11. The wear of flight suits is aligned with the NWU occasion for wear policies under reference (a). Flight suits are organizational clothing.



**MAR 25 2019**

**SUMMER/WINTER UNIFORM SHIFT DATES FOR REGION STATES**

1. Due to the large area of the Mid-Atlantic Region, two zones have been established for the summer and winter uniform shifts. The zones are defined as follows:

a. Zone 1: Includes the states of North Carolina and Virginia (less the Northern Virginia Area assigned to COMNAVDIST Washington, Washington, DC).

b. Zone 2: Includes the states of Connecticut, Delaware, Indiana, Illinois, Kentucky, Maine, Maryland (less the Maryland area assigned to COMNAVDIST Washington, Washington DC), Massachusetts, Michigan, New Hampshire, New Jersey, New York, Ohio, Pennsylvania, Rhode Island, Vermont, West Virginia and Wisconsin.

2. Summer uniform shift for the Mid-Atlantic Region will take effect as follows:

a. Zone 1: Will change to the summer uniforms at time 0001 the second Monday of the month of April.

b. Zone 2: Will change to the summer uniforms at time 0001 the first Monday of the month of May.

3. Winter uniform shift for the Mid-Atlantic Region will take effect as follows:

a. Zone 1: Will change to the winter uniforms at time 0001 the third Monday of the month of October.

b. Zone 2: Will change to the winter uniforms at time 0001 the first Monday of the month of October.

**Note:** See enclosure (1) for identification of primary, alternate, and optional uniforms for each season.

23 DEC 2019

GUIDANCE FOR MILITARY ATTIRE1. General Regulations for Wearing of Uniform

a. The uniform of the day will be worn when personnel are not required to be in a working uniform. The uniform of the day is prescribed for watchstanding, liberty, and normal conduct of business off of military installations ashore. Whenever possible, personnel will be in the same uniform for purposes of consistency in appearance.

b. Service Dress uniforms, as appropriate for the season, are to be worn at all official functions where Formal Dress or Full Dress uniforms are not prescribed and the civilian equivalent is coat and tie.

c. Female personnel are authorized to wear slacks, belted or unbelted. Reference (a) specifies proper component match and maternity uniform guidance.

d. Naval aviators, pilots, flight officers, undergraduate pilots, Naval Flight Officers (NFO), flight surgeons, aerospace experimental psychologists, and aerospace psychologists may wear leather flight jackets with Service Khaki and Flight Suits. Additionally, enlisted aircrewmembers in flight status are authorized to be issued, and wear, leather flight jackets after completing qualifications and receiving aircrew wings. Eligible enlisted aircrewmembers, E-7 - E-9, are authorized to wear leather flight jackets with Service Khaki and Flight Suits. Eligible E-6 and below enlisted aircrewmembers are authorized to wear leather flight jackets with Service Uniform (SU) and Flight Suits. The flight jacket will be worn in the same manner and fashion as prescribed for black jacket and working jacket.

e. Organizational Clothing. Organizational clothing is defined as any clothing that is issued to an individual by a naval activity on a loan basis. Organizational clothing is authorized for wear with working uniforms only when the actual performance of duties for which the organizational clothing is designed (Article 6801, reference (a), pertains). Organizational clothing is not authorized for wear outside of the fenced area of flight lines, piers, and Entry Control Points. Organizational clothing may be issued to Naval Security Force personnel in accordance with locally approved Standard Operation Procedures. Exceptions by COs are permitted in the case of organized working parties, such as line handlers, loading stores, ground maintenance, aircraft repairs, and disaster assistance. It should be noted that the CO's authority to permit the wearing of the organizational clothing begins with the start of the particular job and ends with the completion of the job.

f. Uniforms that are torn, frayed, ripped, excessively dirty or faded, or mutilated will not be worn, and should be discarded.

g. The Navy Knit Watch Cap. The Navy Knit Watch Cap will not be worn without the jacket/parka. The temperature must be below 50 degrees Fahrenheit for wear of the Navy Knit Watch Cap to be authorized. Naval Security Force personnel are authorized to wear the Navy Knit Watch Cap with the black fleece liner when wearing the Tactical Outer Carrier. Refer to reference (a) for additional information.

23 DEC 2019

h. Navy and Command Ball Cap. Navy personnel are authorized to wear the command ball cap with the service khaki uniform inside the fence line.

i. Physical Training Uniform (PTU). The PTU is not authorized for wear in dining facilities. Refer to reference (a) for additional information.

j. Navy personnel are authorized to wear protective clothing with the uniform, on base or off base, while operating and riding as a passenger on any two-wheeled or three-wheeled vehicle, and while proceeding to and from its parking area to a duty station. Refer to reference (a) for motorcycle protective clothing requirements.

k. Uniform Policy for Periods of Travel

(1) If traveling within a geographic area, either the Service Uniform of the Day of the area or Service Dress Blue will be worn as a travel uniform.

(2) If traveling between geographic areas, either the uniform of the day, as prescribed for the destination, or Service Dress Blue shall be worn as the travel uniform for the entire trip.

l. Navy Working Uniform

(1) All units shall wear the NWU as the primary working uniform (Navy coveralls/IFRVs will remain authorized for shipboard wear). Only those situations that require organizational clothing due to safety or excessive wear shall be authorized for organization clothing issue and wear, and organizational clothing wear rules will apply.

(2) The NWU is designed to be a permanent press, wash and wear uniform. The use of starch, sizing, and any process that involves dry cleaning or a steam press is not authorized, as it will adversely affect the permanent press treatment and durability of the uniform.

(3) All uniform clothing articles not currently containing a name tape will be stenciled in permanent ink in a location inside the article and not within sight. Of particular interest should be the parka, parka liner, and cover.

(4) The rolling-up of sleeves is authorized year-round for all NWUs. However, in formation all hands shall have sleeves in the same position for uniformity. Unless otherwise directed by the formation commander, a good rule of thumb is to expect the formation to have NWU sleeves rolled up during the period of wear for summer uniforms and rolled down during the period of wear for winter uniforms.

(5) The NWU has many pockets for versatility and should be used properly without items protruding from the pocket enabling the pocket flaps to close properly. At no time should hands be in the pockets extended beyond the time required to place items in, or retrieve items from, the pockets.

23 DEC 2019

(6) COs are directed to limit the authorization of unbloused trousers, and this will not be authorized for general wearing of the NWU. Consideration should only be given in those situations that are considered safety related. In addition, for extreme environmental conditions, the CO can authorize removal of the NWU blouse outside the immediate worksite as long as all evolutions use ORM to determine mitigation of safety and health risks. General removal of the NWU blouse in normal conditions are authorized only at the immediate worksite or office space.

(7) Command unit patches are authorized on the right breast pocket. Each command may authorize only one command selected patch, which will remain consistent and uniform for all assigned, and will not exceed 3 to 3 and one-half inches in length/width/diameter. The patch should be conservative in nature and not detract from the appearance of the uniform.

(8) The 9-inch, rough-side-out leather safety boot is not a care-free boot. This boot must be properly maintained with an appropriate brush to maintain the proper appearance of the boot and reduce the matting of the leather material.

(9) The NWU is authorized to be worn at all facilities on military installations and annexes to include the NEX; the Commissary; a Fleet and Family Service Center; Medical and Dental Annexes; and the facilities included in these compounds. Off-base working-parties, including community relations (COMREL) projects, may be authorized by Commanders to wear the NWU. The NWU is not a liberty uniform.

m. Uniform Sweaters. When wearing a uniform sweater over other uniform shirts, the shirt will not be exposed below the sweater waistband.

n. Military Smartness. Smoking, eating, and/or drinking beverages by personnel in uniform while transiting as a pedestrian are prohibited with the following exceptions: eating, and/or drinking beverages are permitted in the immediate vicinity of vending machine stands. Smoking is authorized only in authorized smoking areas. At no time will headphones be worn while in any uniform other than the PTU outside of the work space.

o. Use of Portable Communication Devices. Communication devices, e.g., cell phones, blackberries, pagers, etc., are authorized for use and wear while in uniform (to include walking) in the manner prescribed as follows:

(1) Communication devices shall be conservative in color and design, and shall not distract from the appearance of the uniform.

(2) Only one communication device is authorized for wear and can only be worn on the belt of working and service uniforms aft of the elbow.

(3) Wearing of communication devices on service dress uniforms is not authorized.

23 DEC 2019

(4) Communication devices will not be visible from the front, nor will they be worn in such a manner as to impede the normal wear and appearance of the uniform (e.g., sagging, bunching, bulging, protruding, etc.).

(5) Whenever there is a concern for operational security, the authorized use of communication devices shall be at the CO's discretion.

(6) The use of portable communication devices shall not interfere with the rendering of military courtesies and honors nor violate local, state, and federal laws.

(7) When not being worn on the uniform and in use, communication devices will be placed at the side of the leg and in the appropriate hand when rendering salutes, greetings, and other military courtesies/honors.

(8) The use of an earpiece, *Bluetooth*® Technology, headsets, or a hands-free device while in uniform, indoors or outdoors, is prohibited unless specifically authorized for the execution of official duties (e.g., NSW, security personnel, detailers, etc.).

(9) As outlined in reference (b) page 17, section 7(f) with regards to cell phones, texting, and driver distractions, all motor vehicle operators on Navy installations and operators of government-owned and leased vehicles (including rental cars while on temporary additional duty) on and off Navy installations shall not use cell phones or other hand-held electronic devices unless the vehicle is safely parked. Refer to reference (b) for additional information.

p. Court Appearances. Service members are not required to appear in uniform. However, should a service member choose to wear a uniform to court, the service uniform or dress uniform of the day shall be worn. This also applies to command representatives sent to observe the proceedings. NWUs shall not be worn. If the service member chooses to wear civilian clothing, it will be in professional attire.

q. Black Neck Gaiter. The Black Neck Gaiter is authorized for wear ashore on installations. It will only be worn when temperatures are below 50 degrees Fahrenheit. It must be without decoration or logo visible while wearing. It will not be worn when passing through any security checkpoint or entry control point. It will not be worn while commuting. In instances where a long pedestrian commute is necessary such as shipyards where the parking lot is distant from the entry control point, the installation Commanding Officer may authorize the Black Neck Gaiter to be worn to and from the parking lot. For units in private shipyards, the ship's Commanding Officer may authorize the wear. No stops in public businesses are authorized during this commute. For sentries, either the balaclava or the Black Neck Gaiter may be worn, not both.

MAR 25 2019

GUIDANCE FOR CIVILIAN ATTIRE

1. The following guidance concerning the wearing of civilian attire has been established:

a. Officers and enlisted personnel are permitted to have civilian clothing aboard ships and at naval activities ashore. Such clothing may be worn while leaving or returning to ships or stations while awaiting transportation after permission to leave the ship has been given, while on authorized leave of absence, liberty, or in any off-duty status ashore.

b. When civilian clothing is worn, naval personnel shall ensure their dress and personal appearance is appropriate for the occasion and will not bring discredit upon the naval service. Civilian attire will not display profanity, pornography, or advocating drug use. Clothing may not be sexually provocative, suggestive, or depict racial comments, vulgarities, or display offensive language. Current styles and fashions are authorized as long as they provide a respectable appearance. Undergarments will at no time be exposed. Tank top shirts and white undershirts (including "tie-dyed") worn as outer garments, cut-off shorts, and shower sandals are appropriate civilian attire only for occasions such as picnics, athletic events, PT, and other daytime activities of an extremely casual nature. When engaged in PT, a shirt will be worn at all times. The above items will not otherwise be worn within the confines of military installations and/or facilities.

c. As an administrative measure, individual commands may suspend the privilege to wear civilian clothing to and from the command in cases of individuals who fail to wear civilian clothing as outlined in this instruction or who fail to maintain proper and adequate uniforms.

d. Only those articles of the military uniform which do not present a unique marking or a distinct naval appearance, such as shoes, socks, and gloves, may be worn with civilian attire by military personnel. Bridge coats, overcoats, sage green flight jackets, foul weather jackets, and other organizational clothing are not authorized for wear with civilian attire. The only authorized exception to this rule is for the PT uniform, which may be worn individually with civilian attire.

e. Dependents are granted access to military installations upon application by the sponsoring military member and are accorded the privilege of using facilities provided for service personnel. While on board an installation, dependents are required to conform to the dress code outlined in this instruction. All personnel, whether active duty, dependents or retirees, are required to comply with the civilian dress requirements (i.e.: neatly groomed and present a socially acceptable appearance). Retirees and dependents, when on board military installations or annexes thereof, shall present a socially acceptable appearance. Those not meeting these standards may be denied access to the facilities.

MAR 25 2019

**GUIDANCE FOR COMMUTING IN UNIFORM**

1. Commuting in the Navy Working Uniform and Flight Suit. According to reference (a) the following guidance concerning the wear of the NWU and Flight Suits while commuting has been established:

a. General. The prescribing authority has authorized NWUs/Flight Suits for commuting to and from work by means of private vehicle or public commuter transportation, to include all travel aboard DoD-owned/controlled aircraft.

b. Authorized Wear and Stops. NWUs/Flight Suits are authorized for commuting and all normal tasks and associated stops (e.g., stops at child care, gas stations, off-base shopping, banking, Department of Motor Vehicles (DMV), and dining) before, during, and after the workday. The NWU may be worn while commuting to/from work and home via POV or public transportation, and on government/military contracted flights to or from OCONUS locations.

c. Unauthorized Wear and Stops. Since NWUs/Flight Suits are NOT a liberty uniform, consumption of alcohol while off base in NWUs/Flight Suits is NOT permitted. Wear on official commercial travel (e.g., airlines, railways, bus) is prohibited. Wearing the NWU is NOT authorized at formal off-base official Navy or Government functions, e.g., Sailor of the Year events, official ceremonies, and awards banquets.